

# OZEMPIC: How GLP-1 Agonists Are Changing Obesity Care with Dr. Spencer Nadolsky

<https://silosolo.com/180266>

## Summary

GLP-1 agonist medications have been prescribed for the treatment of type two diabetes and obesity. Patients who take these medications describe a decrease in their desire for food, resulting in weight loss. The long-term effects of GLP-1 agonists on weight after discontinuation are unknown. Therefore, it is important to carefully consider the prescription criteria and potential side effects when prescribing these medications.

## Silo sample questions

- What are GLP-1 agonist medications?
- How do GLP-1 agonist medications affect weight loss?
- What is the long-term effect of GLP-1 agonists on weight after discontinuation?
- Who should be prescribed GLP-1 agonist medications?
- What are the possible side effects of GLP-1 agonists?

## Topics

GLP-1 agonist medications

Weight loss

Long-term effects

Prescription criteria

Possible side effects

## Key Takeaways

- GLP-1 agonist medications are drugs that have been prescribed for the treatment of type two diabetes and obesity.
- Patients who take GLP-1 agonists describe a decrease in their desire for food, leading to weight loss.
- The long-term effects of GLP-1 agonists on weight after discontinuation are unknown.
- GLP-1 agonists may have potential side effects and should be prescribed to the appropriate individuals.

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